

# AMERICAN ACADEMY OF AESTHETIC MEDICINE

## Level 1 - Certificate Course in Aesthetic Medicine (3-days course)

*29 – 31 March 2012  
Dubai, UAE*

- Participation in the certificate course in Aesthetic Medicine is the first step towards securing the American board certified given by Academy of Aesthetic Medicine (AAAM).
- A Course Certificate (Level 1) will be presented at end of course.
- Limited seats are available as we believe in a small class setting for better interactions between participants and lecturers.
- As the response is overwhelming and only limited places are available, please contact us as soon as possible for registration.
- We will accept your registration on a first come first served basis.
- Volunteer applications during workshop training are restricted.

**FACULTY: Dr. Marcelo A. Suarez-Biggetti (USA), Dr. Ayman El Attar (USA)**

**DAY 1:**

### Skin conditioning protocols and chemical peelings

0800 – 0830	Registration
0800 – 0845	➤ Introduction to the World of Aesthetic Medicine
0845 – 1015	➤ Skin conditioning + Skin classification <ul style="list-style-type: none"> <li>○ Indications &amp; contra-indications</li> <li>○ Side effects</li> <li>○ Results</li> <li>○ Skin regimen</li> </ul>
1015 – 1045	COFFEE BREAK
1045 – 1230	➤ Chemical Peelings <ul style="list-style-type: none"> <li>○ Indications &amp; contra-indications</li> <li>○ Peeling selection</li> <li>○ Peeling chemistry: Glycolic, Salicylic, Resorcine, Pyruvic, TCA (plain or modified)</li> <li>○ Complications</li> </ul>
1230 – 1330	LUNCH
1330 – 1515	➤ Workshops on skin conditioning selection according to skin type and pathology
1515 – 1545	COFFEE BREAK
1545 – 1730	➤ Workshop training (Glycolic, Easy Peel, Salicylic)

**DAY 2:**

**Botulinum toxin Type A and Skin Fillers**

0830 – 1030	<ul style="list-style-type: none"><li>➤ Botulinum toxin Type A<ul style="list-style-type: none"><li>○ Introduction</li><li>○ Indications and consent</li><li>○ Selection of patient</li><li>○ Complications</li><li>○ Advice pearls</li></ul></li></ul>
1030 – 1100	COFFEE BREAK
1100 – 1230	➤ Workshop Training on Botulinum Toxin A
1230 – 1330	LUNCH
1330 – 1515	<ul style="list-style-type: none"><li>➤ Skin Fillers<ul style="list-style-type: none"><li>○ Introduction and types</li><li>○ Indications and consent</li><li>○ Selection of patients</li><li>○ Complications</li><li>○ Advice pearls</li></ul></li></ul>
1515 – 1530	➤ Daily Test on Botulinum Toxin A & Skin Filler
1545 – 1730	➤ Workshop Training on fillers

**DAY 3:****Lasers, IPL and other Light Based devices (LBD)**

0830 – 0900	➤ Introduction: Lasers and their physics
0900 – 0930	➤ Laser safety
0930 – 1000	➤ The role of photodynamic therapy in an aesthetic practice
1000 – 1030	➤ IPL & Multifunctional laser devices
1030 – 1100	COFFEE BREAK
1100 – 1115	➤ Laser for pigmented lesions
1115 – 1130	➤ Radiofrequency for skin tightening
1130 – 1145	➤ Laser treatments for vascular lesions
1145 – 1215	➤ Laser treatments for hair removal
1215 – 1230	➤ Q and A
1230 – 1330	LUNCH
1330 – 1500	➤ Body Contouring Medical Devices ➤ Management of Complications from Lasers & IPL ➤ Physical Peelings
1500 – 1530	COFFEE BREAK
1530 – 1700	➤ Workshop training

NOTE: course content can be modified, depending on AAAM curriculum changes and the days can be switched within the course period.