

# AMERICAN ACADEMY OF AESTHETIC MEDICINE

## Level 1 - Certificate Course in Aesthetic Medicine (3-days course)

*26 – 28 March 2012  
Cairo, Egypt*

- Participation in the certificate course in Aesthetic Medicine is the first step towards securing the American board certified given by Academy of Aesthetic Medicine (AAAM).
- A Course Certificate (Level 1) will be presented at end of course.
- Limited seats are available as we believe in a small class setting for better interactions between participants and lecturers.
- As the response is overwhelming and only limited places are available, please contact us as soon as possible for registration.
- We will accept your registration on a first come first served basis.
- Volunteer applications during workshop training are restricted.

**FACULTY: Dr. Marcelo A. Suarez-Biggetti (USA), Dr. Ayman El Attar (USA)**

### DAY 1:

#### Skin conditioning protocols and chemical peelings

|             |   |
|-------------|---|
| 0800 – 0830 | Registration  |
| 0800 – 0845 | ➤ Introduction to the World of Aesthetic Medicine   |
| 0845 – 1015 | ➤ Skin conditioning + Skin classification <ul style="list-style-type: none"> <li>○ Indications &amp; contra-indications</li> <li>○ Side effects</li> <li>○ Results</li> <li>○ Skin regimen</li> </ul>   |
| 1015 – 1045 | COFFEE BREAK  |
| 1045 – 1230 | ➤ Chemical Peelings <ul style="list-style-type: none"> <li>○ Indications &amp; contra-indications</li> <li>○ Peeling selection</li> <li>○ Peeling chemistry: Glycolic, Salicylic, Resorcine, Pyruvic, TCA (plain or modified)</li> <li>○ Complications</li> </ul> |
| 1230 – 1330 | LUNCH   |
| 1330 – 1515 | ➤ Workshops on skin conditioning selection according to skin type and pathology   |
| 1515 – 1545 | COFFEE BREAK  |
| 1545 – 1730 | ➤ Workshop training (Glycolic, Easy Peel, Salicylic)  |

**DAY 2:**

**Botulinum toxin Type A and Skin Fillers**

|             |  |
|-------------|--|
| 0830 – 1030 | <ul style="list-style-type: none"><li>➤ Botulinum toxin Type A<ul style="list-style-type: none"><li>○ Introduction</li><li>○ Indications and consent</li><li>○ Selection of patient</li><li>○ Complications</li><li>○ Advice pearls</li></ul></li></ul>  |
| 1030 – 1100 | COFFEE BREAK   |
| 1100 – 1230 | ➤ Workshop Training on Botulinum Toxin A   |
| 1230 – 1330 | LUNCH  |
| 1330 – 1515 | <ul style="list-style-type: none"><li>➤ Skin Fillers<ul style="list-style-type: none"><li>○ Introduction and types</li><li>○ Indications and consent</li><li>○ Selection of patients</li><li>○ Complications</li><li>○ Advice pearls</li></ul></li></ul> |
| 1515 – 1530 | ➤ Daily Test on Botulinum Toxin A & Skin Filler  |
| 1545 – 1730 | ➤ Workshop Training on fillers   |

**DAY 3:****Lasers, IPL and other Light Based devices (LBD)**

|             |   |
|-------------|---|
| 0830 – 0900 | ➤ Introduction: Lasers and their physics  |
| 0900 – 0930 | ➤ Laser safety  |
| 0930 – 1000 | ➤ The role of photodynamic therapy in an aesthetic practice   |
| 1000 – 1030 | ➤ IPL & Multifunctional laser devices   |
| 1030 – 1100 | COFFEE BREAK  |
| 1100 – 1115 | ➤ Laser for pigmented lesions   |
| 1115 – 1130 | ➤ Radiofrequency for skin tightening  |
| 1130 – 1145 | ➤ Laser treatments for vascular lesions   |
| 1145 – 1215 | ➤ Laser treatments for hair removal   |
| 1215 – 1230 | ➤ Q and A   |
| 1230 – 1330 | LUNCH   |
| 1330 – 1500 | ➤ Body Contouring Medical Devices<br>➤ Management of Complications from Lasers & IPL<br>➤ Physical Peelings |
| 1500 – 1530 | COFFEE BREAK  |
| 1530 – 1700 | ➤ Workshop training   |

NOTE: course content can be modified, depending on AAAM curriculum changes and the days can be switched within the course period.