

# AMERICAN ACADEMY OF AESTHETIC MEDICINE

## Level 2 - Diploma Course in Aesthetic Medicine (5-days course)

*13 – 17 June 2012*

*Dubai, UAE*

**FACULTY LED BY: DR. MICHEL DELUNE, USA**

**DAY 1:**

### BOTULINUM TOXIN TYPE A

830 – 1000	<ul style="list-style-type: none"> <li>➤ Advanced Botulinum Toxin Type A Techniques               <ul style="list-style-type: none"> <li>○ BTA treatment for Decollete</li> <li>○ BTA treatment for Masseter</li> <li>○ Axillary Hyperhidrosis</li> <li>○ Other advanced indications: Brow Lift, Gummy Smile, Chin, Peri-Oral Wrinkles, Calf</li> </ul> </li> </ul>
1000 – 1030	TEA BREAK
1030 – 1230	➤ Workshop Training on Botulinum Toxin Type A
1230 – 1330	LUNCH BREAK
1330 – 1500	<ul style="list-style-type: none"> <li>➤ Wrinkle Classification</li> <li>➤ Fillers and Techniques Revision               <ul style="list-style-type: none"> <li>○ Facial Volumes Improvement</li> <li>○ Mid-face Treatment                   <ul style="list-style-type: none"> <li>▪ Nasal Bridge Enhancement</li> <li>▪ Cheek Augmentation</li> <li>▪ Chin Augmentation</li> <li>▪ Lip Augmentation</li> <li>▪ Tear Trough</li> </ul> </li> </ul> </li> </ul>
1500 – 1515	➤ Daily Test on Botulinum Toxin Type A and Fillers
1515 – 1545	TEA BREAK
1545 – 1730	➤ Workshop Training on Fillers

**DAY 2:****AESTHETIC DERMATOLOGY**

0800 – 0830	Registration
0830 – 1030	<ul style="list-style-type: none"><li>➤ Pigmentation Disorders Management</li><li>➤ Sun Protection for Any Skin Type</li></ul>
1030 – 1045	TEA BREAK
1015 – 1300	<ul style="list-style-type: none"><li>➤ Hair Loss Management<ul style="list-style-type: none"><li>○ Workshop: How and How to Inject using Active Ingredients for Hair Loss Management</li></ul></li></ul>
1300 – 1400	LUNCH BREAK
1400 – 1545	<ul style="list-style-type: none"><li>➤ Acne Management<ul style="list-style-type: none"><li>○ Etiology</li><li>○ Classification</li><li>○ Complications</li><li>○ Treatment</li></ul></li><li>➤ Rosacea Management<ul style="list-style-type: none"><li>○ The Triggers</li><li>○ Treatments</li></ul></li></ul>
1545 – 1700	<ul style="list-style-type: none"><li>➤ Peelings – What are New in the Market?</li><li>➤ Workshop Training on Chemical Peelings:<ul style="list-style-type: none"><li>○ Miami Peel</li><li>○ Green Peel</li><li>○ Only Touch Peel</li></ul></li></ul>

**DAY 3:****AESTHETIC MEDICINE AND PHLEBOLOGY**

830 – 1030	<ul style="list-style-type: none"><li>➤ Venous System<ul style="list-style-type: none"><li>○ Varicose Veins</li><li>○ Spider Veins</li></ul></li><li>➤ Medical Treatment</li><li>➤ Laser Treatment</li><li>➤ Surgical Treatment</li></ul>
1030 – 1100	TEA BREAK
1100– 1200	<ul style="list-style-type: none"><li>➤ Sclerotherapy<ul style="list-style-type: none"><li>○ Definition and Techniques</li><li>○ Substances Used</li><li>○ Patient Selection</li></ul></li></ul>
1200 – 1300	Workshop on Sclerotherapy
1300 – 1400	LUNCH BREAK
1400 – 1530	<ul style="list-style-type: none"><li>➤ Pain Management In Aesthetic Medicine<ul style="list-style-type: none"><li>○ Definition of Pain and Different Types of Pain Sensation</li><li>○ Regional, Local and Topical Anesthesia. Agents and Techniques<ul style="list-style-type: none"><li>○ History and Effects</li><li>○ Complications and Toxicity</li><li>○ Blocks, Intravenous Injections, Spinal and Epidural Injections</li></ul></li><li>○ General Face Anatomy</li><li>○ Facial Nerve Anatomy</li><li>○ Trigeminal Nerve Anatomy</li></ul></li></ul>
1530 – 1545	TEA BREAK
1545 – 1615	<ul style="list-style-type: none"><li>➤ Supraorbital, Infraorbital, Maxilar and Mandible Nerves Block</li></ul>
1615 – 1730	<ul style="list-style-type: none"><li>➤ Workshops Using Mannequin Heads</li></ul>

## DAY 4:

Note: Participants are to bring along below instruments for this day's workshop:

- a) Needle holder (medium size)
- b) Surgical scissors (any type)
- c) Scalpel with blades #11 and 15
- d) Forceps Adson or Brown

### WORKSHOP TRAINING FOR EVERY MEDICAL OFFICE

0830 – 1230	<ul style="list-style-type: none"><li>➤ General Principle of Minor Surgery in Medical Office<ul style="list-style-type: none"><li>○ Introduction of sterile technique</li><li>○ Surgical instruments</li><li>○ Stitches: self dissolvable v/s permanent</li><li>○ Cutting needle v/s tape needle</li></ul></li><li>➤ Coagulation<ul style="list-style-type: none"><li>○ Electrocautery<ul style="list-style-type: none"><li>○ Principle of operation</li><li>○ Monopolar v/s Bipolar</li></ul></li></ul></li><li>➤ Surgical Procedures<ul style="list-style-type: none"><li>○ Skin incision: cutting technique</li><li>○ Wound closure: cosmetic closure v/s non cosmetic closure</li><li>○ Trick of stitches</li><li>○ Knots locking technique</li><li>○ Skin biopsy</li><li>○ Mole removal</li><li>○ Skin approximation</li></ul></li><li>➤ Post Operative Management<ul style="list-style-type: none"><li>○ Dermabond</li><li>○ Sterile strips</li><li>○ Primary tension</li><li>○ Secondary tension</li><li>○ Antibiotics</li></ul></li><li>➤ Wound Care<ul style="list-style-type: none"><li>○ The basic nature of wound</li><li>○ Wound dehiscence</li><li>○ Wound pain</li><li>○ Hemorrhage</li><li>○ Infection: diagnosis, prevention, treatment</li><li>○ Hypertrophic scar, contracted scar, keloid scar</li></ul></li></ul>
1230 – 1330	LUNCH BREAK
1330 – 1715	➤ Workshop Training using Frozen Chicken (thawed)
1715 – 1730	➤ Daily test on surgical training

**DAY 5:****ANTI-AGING MEDICINE**

0800 – 0830	Registration
0830 – 1030	<ul style="list-style-type: none"><li>➤ Introduction to anti-aging medicine</li><li>➤ Cellular and molecular basis of aging</li><li>➤ Overall treatment concepts in anti-aging</li><li>➤ Silent inflammation and aging</li></ul>
1030 – 1100	TEA BREAK
1100– 1230	<ul style="list-style-type: none"><li>➤ The importance of hormones</li><li>➤ Balancing and restoring</li><li>➤ Oestrogen deficiency, growth hormone deficiency, thyroid deficiency, DHEA deficiency</li></ul>
1230 – 1330	LUNCH BREAK
1330 – 1530	<ul style="list-style-type: none"><li>➤ Role of anti-oxidants in aging</li><li>➤ Exercise in aging</li><li>➤ Secrets of the Centenarians</li></ul>
1530 – 1600	TEA BREAK
1600 – 1730	<ul style="list-style-type: none"><li>➤ The role of anti-aging in Aesthetic Medicine</li><li>➤ Q &amp; A</li></ul>